

# PEACHTREE CITY ELEMENTARY RUNNING CLUB 2011-2012

Running Club begins for this year on Monday, August 29<sup>th</sup> on our NEW 1/8<sup>th</sup> mile TRACK inside the fence of the upper playground. Please return the permission slip that was sent home for your child to participate.

**NOTE: EACH CHILD MUST SIGN UP ONCE EACH SCHOOL YEAR TO PARTICIPATE.**

<b>Running Time</b>	• 7:20 – 7:40am
<b>Days</b>	• 3rd – 5th: Mon, Wed, Fri • 1st – 2nd: Tues, Thurs
<b>Location</b>	• New Track on Upper Playground
<b>Sponsors</b>	• Coach Fogg • Mr. Magee

The Running Club will run every morning from August 29 – December 2. The laps acquired during the semester will be tallied and incentives will be awarded for levels of mileage. **If it is raining, there will be no Running Club that morning.** Students must go by their rooms when they arrive at school to check in, leave their book bags, and do any morning procedures their teacher wishes. After checking in, they may come outside to the track. Please remind your child that they will need to enter Running Club from the side of school near the trailers along the sidewalk to the basketball blacktop.

Running Club is designed to enhance our P. E. program and is offered to help children become more physically active by participating in a daily walking/running routine. It also seems to help a number of children who have extra energy that needs to be released before the school day starts.

**Procedure:** Students sign up for the club by returning the parent permission slip. Once they are signed up for the club, they may come and run any day that their grade level is assigned. At the end of each session, they turn in their laps for that day, and those laps are added to a master sheet that keeps all totals. Totals are kept for incentives (i.e. certificates, stickers, t-shirts, trophies.)

*Students who run 25 miles before the Peachtree City Classic on October 15<sup>th</sup> will also qualify for the Kid's marathon in the PTC Classic.*

We are looking forward to a Great Year of Running Club at PCES on our **AWESOME NEW TRACK**. If you have any further questions, please feel free to contact Coach Fogg. 770 631 3250 [fogg.chris@mail.fcboe.org](mailto:fogg.chris@mail.fcboe.org)